

# CONNECT GROUPS MENU Summer 2010



## Sunday

**Focus:** Easy Rider Mountain Bikers  
**Leader:** Larry & LuAnne Houser  
**Meeting Time:** 1:00-4:00 pm, Every 2 weeks  
**Contact #:** 439.7709  
**Meeting Address:** Various trails, Helena area.  
**Requirements:** An operational bike/helmet, able to keep up or be carried.  
**Description:** Light biking and socializing. Group will culminate in a trip down Western Montana's Hiawatha Bike Trail during the Labor Day weekend.



**Focus:** Sunday Summits  
**Leader:** Jason & Rebekah Harris  
**Meeting Time:** Sunday afternoons, varying times, Every 2 weeks  
**Contact #:** 459.1198  
**Meeting Address:** Various trails, Helena area.  
**Requirements:** None  
**Description:** Easy to moderate hikes for all. Hikes will average 6 miles total. Group will culminate with family BBQ at Canyon Ferry after final hike.



**Focus:** Sunday Slice  
**Leader:** Mark Kaltenbach/Mike Tooley  
**Meeting Time:** Sunday afternoon, varying times. Every 2 weeks.  
**Contact #:** 439.6237(MK)/439.7554(MT)  
**Meeting Address:** Various courses, Helena area.  
**Requirements:** Approx. \$50 total for green fees.  
**Description:** Golf four rounds of 9 holes over the season. Group will culminate with family BBQ at Canyon Ferry after last round. All skill levels welcome.



## Various

**Focus:** Couples' Yellowstone Park Backpacking Trip  
**Leader:** Nathan & Wendy Lucas  
**Meeting Time:** Meeting times vary. Trip is Aug 21-23.  
**Contact #:** 431.3633  
**Meeting Address:** Varying Schedule.  
**Requirements:** Approx. \$50/couple. Gear--renting/borrowing could be an option.  
**Description:** 12-mile, 3-day, 2-night backpacking trip for couples in Yellowstone National Park. No children.



## Tuesday

**Focus:** Chick Chat  
**Leader:** Jen Rebo/Margaret Asay  
**Meeting Time:** 7:00 - 8:30 pm, Every 2 weeks, Starts June 29  
**Contact #:** 439.2777 (J)/461-6047(M)  
**Meeting Address:** 1017 Washington St.  
**Requirements:** None  
**Description:** Chatting, visiting, connecting and occasionally taking on small service projects together. No children please.



## Thursday

**Focus:** Mommy and Me Playdates  
**Leader:** Rebekah Harris/Rachel Visser  
**Meeting Time:** 9:30-11:00 am, Weekly  
**Contact #:** 431.8211(RH)/459.8474(RV)  
**Meeting Address:** Pioneer/Anchor Park Playground  
**Requirements:** None  
**Description:** An hour at the playground where mommy's connect and kids play. At 10:30 we will catch the library story time.



## Friday

**Focus:** Friday Night Fling  
**Leader:** Ben & Emily Harris  
**Meeting Time:** 6:30-8:30 pm, Weekly  
**Contact #:** 461.0017  
**Meeting Address:** L&C Archers Outdoor Range, Davis Gulch  
**Requirements:** Membership to L&C Archers Club, \$50 single, \$65 family.  
**Description:** Connecting with others while practicing the sport of archery. You'll need to bring your own equipment. Everyone is welcome.

